Symbol	Name	What to Say	Action
		Level On	ı e
	Beat	Beat: steady and constant	Pound chest w/ fist
Many (┛┛┛┛ etc.)	Rhythm	Rhythm: division of beat	Pretend you're playing a drumset
Many (Largo, Presto, etc.)	Tempo	Tempo is the speed of the beat; the speed of the beat is the tempo	Spin hands, starting slow, getting really fast, and slowing down again
Many (ff, pp, etc.)	Dynamics	Dynamics, Volume	Both hands together speaking softly, hands spread wide speaking loudly, and back again
None	Pitch	Pitch: the highness or lowness of a note	On the word "pitch" raise your voice and your pointer finger high then low, raise your voice and pointer finger up on "highness" and down on "lowness"
	Interval	Interval: Distance between two notes	Hold one hand still, and raise other hand one step up on each syllable
	Staff	Staff	Swipe your hand in front of you, from one side to the other, with fingers straight out and thumb pointing up
J	Quarter Note	Quarter note, ta	Draw the note when saying the name (quarter note) then clap the rhythm when saying the nickname (ta)
Л	Eighth Notes	Eighth notes, ti-ti	Draw the note when saying the name (eighth notes) then clap the rhythm when saying the nickname (ti-ti)
•	Single Eighth Note	Single Eighth Note, ti	Draw the note when saying the name (eighth note) then clap the rhythm when saying the nickname (ti)
	Half Note	Half Note, too	Draw the note when saying the name (half note) then clap the rhythm when saying the nickname (too)
o	Whole Note	Whole Note, toe	Draw the note when saying the name (whole note) then clap the rhythm when saying the nickname (toe)
do, re, mi, fa, sol, la, ti, do'	Solfa	Solfa, Solfege: do, re, mi	While singing do, re, mi, etc. sign the handsigns
do, re, mi, fa, sol, la, ti, do' Solfege Solfa: do, re, mi While singing do, re, mi, etc. sign the handsigns Level Two			
>	Accent	Accent, emphasize the note	Throw your right hand forward 3 times in a side-ways "V" shape on "Accent", "EMphasize" and 'NOTE"
	Measure Line	Measure Line, Barline	Chop straight down, or draw a vertical line with your hand
	Barline	Barline, Measure Line	Chop straight down, or draw a vertical line with your hand
	Measure	Measure	Chop or draw lines with both hands out to your sides and bring them together in a clap (showing the space that makes the measure)

Symbol	Name	What to Say	Action
	Double Bar Line	Double Bar Line	Chop straight down with both hands close together
2 3 4	Time Signature	Time Signature, Meter: 2 beats per measure, the quarter note gets the beat (changes depending on the time signature)	Hold out number of fingers on right hand while saying the beats per measure and, below the right hand, hold out the number of fingers on the left hand for the note that gets the beat
2 3 4 4 4	Meter	Meter, Time Signature: 2 beats per measure, the quarter note gets the beat (changes depending on the time signature)	Hold out number of fingers on right hand while saying the beats per measure and, below the right hand, hold out the number of fingers on the left hand for the note that gets the beat
None	Down-beat	Down-beat (accenting the word "down")	Bounce your conducting hand like you're bouncing a basket ball
None	Up-beat	Up-beat (not accenting either word)	Bring your conducting hand from your right side up in front of your face
None	Conducting in 2 (or 3 or 4)	In 2: Hit your neighbor, up (repeat); in 3: Bounce, hit your neighbor, up (repeat); in 4: Bounce, hit yourself, hit your neighbor, up (repeat)	Conduct the meter
	Staff	Staff	Swipe your hand in front of you, from one side to the other, with fingers straight out and thumb pointing up
2:	Grand Staff	Grand Staff	Swipe both hands in front of you, from one side to the other, with fingers straight out and thumbs pointing up
	Treble Clef	Treble Clef, G-Clef	Draw a treble clef slowly while saying the names
	G-Clef	G-Clef, Treble Clef	Draw a treble clef slowly while saying the names
<u>9</u>	Bass Clef	Bass Clef, F-Clef	Draw the right half of a heart with your right hand and jab with your pointer and middle fingers to make the two dots (do it fast)
<u>3</u>	F-Clef	F-Clef, Bass Clef	Draw the right half of a heart with your right hand and jab with your pointer and middle fingers to make the two dots (do it fast)
= = =	Ledger Lines	Ledger Lines	Place each of your pointer fingers above the other rising up into the air

Symbol	Name	What to Say	Action
 	Quarter Rest	Quarter rest, "z, z, z, k", (take a breath)	Draw the rest when saying "z, z, z, k", place hands out and to the side with palms up for one beat
٦	Eighth Rest	Eighth rest, "dot-seven", (take a breath)	Draw the rest when saying "dot-seven", place hands out and to the side with palms up for half a beat
-	Half Rest	Half rest, "top hat", (take a breath)	Draw the rest when saying name and "top hat", place hands out and to the side with palms up for two beats
-	Whole Rest	Whole rest, "hole in the ground", (take a breath)	Draw the rest when saying name and "hole in the ground", place hands out and to the side with palms up for four beats
J.	The Dot	The dot adds half the value of the note that's dotted	Jab with the pointer finger every beat
	Repeat Sign	Repeat Sign	Chop with both hands close together and then cross one hand over the other and make two vertical dots with pointer and middle fingers
Level Three			
S H H S HS	Half Step	Half Step: One note to the next	Make the sign for "H" in sign language (pointer and middle finger together sideways)
ws s	Whole Step	Whole Step: One note in between	Make the sign for "W" in sign language
Ounter of the first of the firs	Note Names	Lines in the Treble Clef: Every Good Boy Does Fine; Lines in the Bass Clef: Great Big Dogs Fight Aminals; Spaces in the Treble Clef: F A C E; Spaces in the Bass Clef: All Cars Eat Grass (or All Cows Eat Gass); The Grand Staff is Low C, D, E, F, G, A, B, C, D, E, F on the ring finger, G, A, B, Middle C, D, E, F, G, A, B, C, D, E, F, G, A, B, High C!	For Treble Clef, hold up one hand with palm facing you, fingers spread as wide as you can, thumb up, and point to the lines (fingers) or spaces (web of hand in between fingers) with the pointer finger of the other hand. For the Bass Clef, switch hands and point with the pointer finger of the other hand. For the Grand staff, take one hand and put it forward with the palm facing you and thumb up while saying "Grand" from "the Grand Staff is". Then turn the hand over with the palm out and the thumb down while saying "is". While holding that hand upside down, take the other hand with using two fingers as ledger lines and the thumb as the note. When you get onto the staff point with your pointer finger, use the pointer finger as a ledger line in the middle of the staff, and continue until you get to High C using the two fingers as ledger lines.
4 6 3 6 2 3 6	Time Signature	Time Signature, Meter: 2 beats per measure, the quarter note gets the beat (changes depending on the time signature)	Hold out number of fingers on right hand while saying the beats per measure and, below the right hand, hold out the number of fingers on the left hand for the note that gets the beat
4 6 3 6 2 3 6	Meter	Meter, Time Signature: 2 beats per measure, the quarter note gets the beat (changes depending on the time signature)	Hold out number of fingers on right hand while saying the beats per measure and, below the right hand, hold out the number of fingers on the left hand for the note that gets the beat
3	Two-Four Time Signature	Two-Four Time Signature - 2 beats per measure, the quarter note gets the beat	Hold out 2 fingers on right hand while saying the beats per measure and, below the right hand, hold out 4 fingers on the left hand for the note that gets the beat
3 4	Three-Four Time Signature	Three-Four Time Signature - 3 beats per measure, the quarter note gets the beat	Hold out 3 fingers on right hand while saying the beats per measure and, below the right hand, hold out 4 fingers on the left hand for the note that gets the beat
4	Four-Four Time Signature	Four-Four Time Signature - 4 beats per measure, the quarter note gets the beat	Hold out 4 fingers on right hand while saying the beats per measure and, below the right hand, hold out 4 fingers on the left hand for the note that gets the beat

Symbol	Name	What to Say	Action
\mathbf{c}	Common Time	Common Time, 4 beats per measure, the quarter note gets the beat	Hold out a letter "C" with one hand while saying "Common Time." The hold out 4 fingers on the right hand while saying "4 beats per measure and, below the right hand, hold out 4 fingers on the left hand while saying, "the quarter note gets the beat"
¢	Cut Time	Cut Time, 2 beats per measure, the half note gets the beat	Hold out a letter "C" with one hand while saying "Cut" and place the other hand vertically behind the first hand while saying "Time." Then hold out 2 fingers on the right hand while saying "2 beats per measure and, below the right hand, hold out 2 fingers on the left hand while saying, "the half note gets the beat"
J.	Dotted Half Note	Dotted Half Note, toom	Draw the note when saying the name (dotted half note) then clap the rhythm when saying the nickname (toom)
- .	Dotted Half Rest	Dotted Half rest, (take a breath)	Draw the rest when saying name, then place hands out and to the sid with palms up for three beats
Many (ff, pp, etc.)	Dynamics	Dynamics, Volume	Both hands together speaking softly, hands spread wide speaking loudly, and back again
pp	Pianissimo	Pianissimo, very soft	Hands in front vertically with palms as close together as possible without touching
\boldsymbol{p}	Piano	Piano, soft	Hands in front vertically with palms about 4-6 inches apart
mp	Mezzo Piano	Mezzo Piano, medium soft	Hands in front vertically with palms about waist width apart
mf	Mezzo Forte	Mezzo Forte, medium loud	Hands in front vertically with palms about shoulder width apart
f	Forte	Forte, loud	Hands in front vertically with palms between mezzo forte and fortissing
ff	Fortissimo	Fortissimo, very loud	Hands in front vertically with palms as far apart as possible
	Crescendo	Crescendo - gradually get louder	Start with hands together to your left and spread them apart as they move across you to your right
	Decrescendo/ Diminuendo	Decrescendo/Diminuendo - gradually get softer	Start with hands apart to your left and move them together as they move across you to your right
	·	Level Fo	ur
	Treble Clef	Treble Clef, G-Clef	Draw a treble clef slowly while saying the names

&	Treble Clef	Treble Clef, G-Clef	Draw a treble clef slowly while saying the names
\$	G-Clef	G-Clef, Treble Clef	Draw a treble clef slowly while saying the names
<u>¥</u>	Bass Clef	Bass Clef, F-Clef	Draw the right half of a heart with your right hand and jab with your pointer and middle fingers to make the two dots (do it fast)
<u>*</u>	F-Clef	F-Clef, Bass Clef	Draw the right half of a heart with your right hand and jab with your pointer and middle fingers to make the two dots (do it fast)
Many (see below)	Articulation	Articulation - the style in which you perform the notes	Draw a fermata with your hands at the end of "tion" in articulation, then draw a slur while saying "the style in which", draw three staccatos while saying "you perform", and draw two accents while saying "the notes!"

Symbol	Name	What to Say	Action	
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	Tie	Tie - combines two notes of the same pitch	draw a small arch from left to right	
>	Accent	Accent, emphasize the note	Throw your right hand forward 3 times in a side-ways "V" shape on "Accent", "EMphasize" and 'NOTE"	
	Fermata	Fermata	Right hand crossed over left hand with pointer fingers out, right hand draws an arch while left hand jabs (drawing a fermata) and hold the last syllable until the director cuts you off	
legato	Legato	Legato, slur - smooth and connected	draw an arch or a slur in the air from left to right while saying the phrase	
	Slur	Slur, legato - smooth and connected	Make an arch with your pointer finger from the left side, up and over to the right side (or down and under)	
Many (Largo, Presto, etc.)	Tempo	Tempo is the speed of the beat; the speed of the beat is the tempo	Spin hands, starting slow, getting really fast, and slowing down again	
accel.	Accelerando	Accelerando	Circle hands beginning slowly and ending very fast	
rit.	Ritardando	Ritardando	Circle hands beginning very fast and ending slowly	
€ ************************************	Key Signature	Key Signature with 1-7 sharps OR Key Signature with 1-7 flats OR Key Signature with zero sharps and zero flats	While saying the numbers (zero or 1-7) show that number on the hands	
	Other Terms			
None	Inner Hear	Inner Hear, Audiate	Point to head (temple)	
None	Audiate	Audiate, Inner Hear	Point to head (temple)	
None	Primal Sound	Primal sound: Waaah	When saying waaah, tilt head to the side	
None	Vocal Folds	Vocal Folds	Bring hands together in shape of a bowl	
None	Primal Connection	Primal Connection	Same as Vocal Folds	
None	Breathy Connection	Breathy Connection	Same as Vocal Folds, but only bring front of hands (fingers) together	
None	Forced Connection	Forced Connection	Same as Vocal Folds, but push hands together with force	
None	Rule #1	If it hurts, don't do it	Say it like you're trying to save someones vocal life	
None >	Intonation	Intonation, In-tune Singing	Bring pointer fingers together in front of you	
None	In-tune	In-tune Singing, Intonation	Bring pointer fingers together in front of you	
	Find C on the Piano	Ding, Bqu	With pointer and middle fingers on the right hand point to a pair of two black keys and say, "Ding." With the left pointer finger point to the white key just to the left of the two black keys and say, "Bqu" (a sound like squishing a bug. :-)	
	Musical Alphabet	ABCDEFG	Sing "ABCDEFG" to the tune of the alphabet song	
	Musical Alphabet Backwards	GFEDCBA	Sing "GFEDCBA" to the tune of the alphabet song	
•	Interval	Interval: Distance between two notes	Hold one hand still, and raise other hand one step up on each syllable	
	Unison	Unison: the same note	Hold both hands horizontal, together	
<u></u>	Second	Second: one step up	Hold one hand still and raise other hand up one step	

Symbol	Name	What to Say	Action
=	Third	Third: two steps up	Hold one hand still and raise other hand two steps up
=	Octave	Octave: eight NOTES up, yah	Hold one hand still and raise other hand 7 steps up
None	Melody	Melody: the main tune of the song	Move pointer finger up and down moving from one side to the other
None	Harmony	Harmony: notes that compliment the melody	Move both pointer fingers in contrary motion up and down from one side to the other
8	Chord	Chord: two notes or more at the same time	make an "O" with each hand and stack one above the other
None	Gasping Breath	Gasping breath	Hands together in an "O" shape by waist and take a gasping breath before saying the name
None	Efficient Breath	Efficient breath	Hands together in an "O" shape by waist and take an efficient breath before saying the name
None	Luxurious Breath	Luxurious Breath	Breathe through nose and count with fingers to four before saying the name